

## PRE-DEPLOYMENT

1. Secure your own home & family.
2. Check on neighbors, shut off utilities if appropriate.
3. Check in with SBNET members via cell, text, or FRS/GMRS radio.
4. Gather your equipment. Stand by.

### *Wait for PBEM to call? Or self-deploy?*

IF you self-deploy w/o PBEM approval, you are not legally protected by indemnification.

Rarely a problem, but --

IF you think a situation needs NET, call 911.

IF you are not deployed by PBEM, you can help as a private citizen. Don't wear NET logo.

IN a BIG disaster, PBEM will not be able to reach you, so self-deployment is pre-approved.

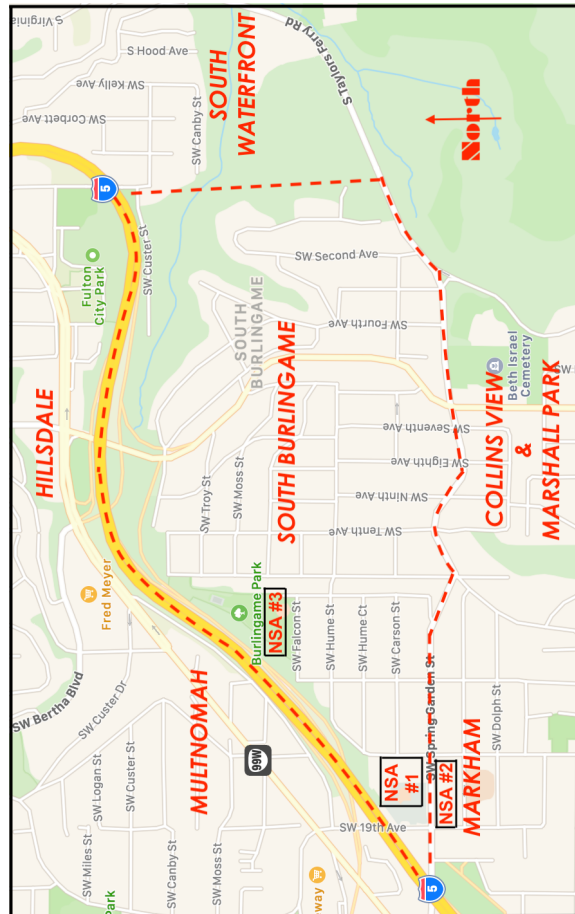
5. Go to the Staging Area.
6. En route, record damage & injuries on Form 1, Damage Assessment.
7. Ask SUVs to come to the Staging Area.

## EQUIPMENT CHECKLIST

- |   |   |
|---|---|
| <input type="checkbox"/> NET Badge                        | <input type="checkbox"/> FRS/GMRS radio |
| <input type="checkbox"/> NET Vest                         | <input type="checkbox"/> AM/FM radio    |
| <input type="checkbox"/> Helmet                           | <input type="checkbox"/> Whistle        |
| <input type="checkbox"/> Head lamp                        | <input type="checkbox"/> Cutting tool   |
| <input type="checkbox"/> Work gloves                      | <input type="checkbox"/> 4-in-1 tool    |
| <input type="checkbox"/> Knee pads                        | <input type="checkbox"/> Pry bar        |
| <input type="checkbox"/> Safety goggles                   | <input type="checkbox"/> First Aid kit  |
| <input type="checkbox"/> N95 mask                         | <input type="checkbox"/> Cord or rope   |
| <input type="checkbox"/> Water & food                     | <input type="checkbox"/> Duct tape      |
| <input type="checkbox"/> Damage Asses't Form              | <input type="checkbox"/> Note pad & pen |
| <input type="checkbox"/> This Pocket-Size Operations Plan |   |

## ABOUT SOUTH BURLINGAME

South Burlingame is a small neighborhood, in acreage and population. Population 1750; 825 households; 25% renters. 1.5 miles E-W, 0.5 mile N-S.



Borders: North & West, I-5;  
South, Taylors Ferry, Spring Garden;  
East, Riverview Abbey & Mausoleum.  
NSA: NET Staging Areas

## South Burlingame NET OPERATIONS PLAN



### SBNET LEADERSHIP

TL Merilee Karr  
ATL Linda Martin  
ATL Carol Porto  
ATL Evan Nelson  
ARO & ATL Jim Carleton

### RADIO - FRS/GMRS:

Main Channel 16, Backup Channel 5

### HAM: NET Simplex Tactical Channels

MC8 NET-TAC 1 147.580

MC9 NET-TAC 2 146.460

Resource Net 147.280, w/ or w/o rpt

### NET STAGING AREAS (NSAs)

Determine whether site is safe.

If not, leave signage and proceed to next.

#1 Capitol Hill School

#2 St. Clare School

#3 Burlingame Park

### BEECN

Riverdale High School  
9727 SW Terwilliger Blvd.

### FIRE STATION

#10, 451 SW Taylors Ferry Rd.  
503-823-3700, Ask for Station #10

## RULES OF DEPLOYMENT

- Your safety is your top priority.
- Never go alone. Never.
- Always work in teams of 2 or more.
- Know your team, and team leader.
- Inform leader if you need to leave.

## NET SELF-CARE

- Self-care — your own physical and emotional well-being — is essential to help others.
- Don't try to ignore your physical needs: hydration, food, and bathroom.
- Take rest breaks, nap, sleep as needed.
- Take care of your fellow NETs by modeling and encouraging good self-care.
- In a disaster, feeling tense? Stressed? That's *normal*. You're okay. Breathe.
- Signs you need a break, or emotional support: extreme anger, fear, outbursts, sadness, confusion, exhaustion, feeling hopeless, or feeling nothing.
- If you see these signs in fellow NETs, respectfully and honestly share what you've observed. Encourage them to take breaks for food, water, and rest.

## CRITICAL PHONE #s

- Emergency 911
- Non-emergency, Fire or Police, 503-823-3333
- ◇ HAZMAT 503-823-3946
- ◇ FIRE HYDRANT 503-823-4874
- ◇ TREE DOWN 503-823-TREE

## AT NET STAGING AREA (NSA)

### Responsibilities of INCIDENT TEAM LEAD

*First NET member at NSA becomes Incident Team Leader (ITL).*

- Awareness of whole situation
- Maintain incident dashboard & maps
- Assign **Operations & Logistics** Chiefs
- Assign NSA **Safety & Security** Lead, to prevent theft, abuse, etc., @ NSA
- Coordinate w ECC, nearby NETs
- Start Personnel Check-In, Form 2A
- Retrieve stored Team Supplies

### Responsibilities of OPERATIONS CHIEF

- Assigns Rover Teams for
  - ◇ Search & Rescue
  - ◇ Street/Block Damage Assessment
- Medical
- FRS/GMRS Comms within NET

### Responsibilities of LOGISTICS CHIEF

- NET Check-In & Assign
- SUV Check-In & Assign
- Equipment & Supplies
  - ◇ Manage stored Team Supplies
  - ◇ Request materials from residents
- Preventive Health
  - ◇ Water & Food supplies
  - ◇ Sanitation

## NEARBY NETS & CONTACTS

Direction	NET	FRS-GMRS
	<b>S. Burlingame</b>	<b>16</b>
South	Collins View	14
	Marshall Park	7
	Markham	7
East	S. Waterfront	5
North	Hillsdale	3
West	Multnomah	15

## NET FORMS

**OPS:** Operations **LOG:** Logistics

#	TITLE	PURPOSE; DEPARTMENT
1	Damage Assessment	NETs en route to NSA; <b>OPS</b>
1B-1	Individual Sit Rep by Category	Rover Team Block Damage Ass't; <b>OPS</b>
1B-2	Individual Sit Rep by Dwelling	Rover Team Block Damage Ass't; <b>OPS</b>
1 C	Team Sit Rep w Totals	Sums 1B-1 & 1B-2; <b>OPS &gt; IC &gt; ECC</b>
2A	Personnel Check In & Out	NETs; <b>IC</b> , then <b>LOG</b>
2B	Spontaneous Volunteer Intake	SUV Intake & Orientation; <b>LOG</b>
3	TL's Assignment Tracking Log	Rover Teams overview; <b>OPS</b>
4	Assignment Briefing	Instructions to each Rover Team; <b>OPS</b>
5A	Patient Treatment Area Record	Thumbnails of all patients seen; <b>MED</b>
5B	Individual Treatment Record	Individual patient record, goes with pt. <b>MED</b>
6	Communications Log	Dashboard for each radio operator; <b>ARO</b>
7	Equipment Inventory	Tools & supplies, issued, returned; <b>LOG</b>
8	General Message (ICS 213)	Exact text to transmit; <b>ARO</b>