12-12-16 NET Meeting Minutes

6 folks present plus knot presenter Mark Pomeroy. Met at SE Uplift.

Christopher passes out cool map: Basic Earthquake Emergency Communication Nodes. Some neighbors got them in the mail as well. January meeting plans were made, but they never happened do to snow fun and frolic.

Christopher will announce next meeting time and place.

Knots

There is a section in the NET training on knots, and you can get certified on knot skills. Proper use of knots in rescue situations could be very helpful. We covered the <u>bowline</u>, <u>sheet bend</u>, <u>clove hitch</u>, <u>rolling hitch</u>, <u>sheep shank</u>, and bowline on a bite.

All knots can be found online with directions.

Mark called the <u>Bowline</u> knot the king of knots: it is a fixed loop and won't budge under pressure. But when pressure is off, you can untie it easily. A rescuer could make a large <u>bowline</u>, throw it to a person stranded, and they could step on the loop and be carried up and out. And the loop will not close down on them.

<u>Clove Hitch</u> is used to tie to a post. You could drag a tree out of the way with this knot. (trick if you were there: 2 loops, turn it over, and put over top.)

Sheep Shank is used for a good purchase or to shorten the length of rope.

Rolling Hitch holds under pressure, but you can adjust it. This is what you use on a tent stake.

The <u>Bowline on a bite</u> is a real sling. It has two loops that won't slip. You could sit on one loop and put your feet on the other loop for a more stable lift out of danger.

End of knot practice